

Waveney Ramblers 0 Waveney and Little Ouse

OS Map: X 230 Track: [TM 05242 80271](#) [GPX for SatNav](#) 5.6 Miles Updated: 2018

Park at the Redgrave and Lopham Fen Nature Reserve. Please donate a pound or more if you can afford it.

Head south past the visitor centre and go through the gate.
Continue SW for 60 metres.
Turn left, SE for 200 metres.
Join another track and bear left, south.
Head to the river.
Turn left, east for a few metres and then right, south and cross the river.
Head along a woodland track with a tributary stream to the left. This leg can be muddy.
The path bends right, SE, still in woodland and becomes drier.
Ignore the first path, left, south.
Ignore a right turn, leading back to the visitor centre.
The path bends left, south. Ignore a path to the right and head to Fen Street (tarmac).
Turn right, west, along Fen Street.
Cross the B1113 and head west along Hinderclay Road for 370 metres.
Turn right, NW, along the signed footpath.
Follow this path past industrial buildings on the left.
Turn left, roughly west, still skirting the industrial estate.
Cross a stream and continue west. This is open access land.
At a cross roads, turn right, north, and head through the trees to the Little Ouse.
Cross the stream and continue north to the house in the distance on Fen Road.
There may be a diagonal path across the field, right, NE.
This cuts off a small corner, soon joining Fen Road.
Head right, east, then NE along Fen Road.
When the road bends left, NW, turn right, SE, for 40 metres on a footpath.
Turn left, NE, and follow the path between two fields.
Emerge onto Middle Road and head right, SE.
After 100 metres, turn right, through a gate, into a meadow on a permissive path.
Head SE, diagonally across the meadow.
Aim for the B1113 where a line of trees joins the road.
Go through the gate and cross the B1113.
Head right, south, along the woodland path parallel with the road.
After 100 metres you reach the watershed of the Little Ouse and the River Waveney.
Sadly this is the centre line of the B1113 and there is no spring or grotto to mark the sources.
Turn left, east, along the north bank of the Waveney which is more of a marsh than a stream.
After about 75 metres, the path bends left, NE, away from the waterway.
Follow the path NE, then north, then NW and finally NE again.
At a belt of trees, turn left, north, for 60 metres.
Next bear right, NE, and follow the line of mature trees all the way back to the visitor centre.

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