## Waveney Ramblers Guia de Isora 13 **Guia NE East SW West Steep**

OS Map: Track: **GPX for SatNav** 8.3 Miles Updated: 2020-01-22

777 Metres Ascent and Descent. One section was steep.

From the bus stop, head NE, uphill out of town.

Head up towards Chirche on Calle la Era, this fairly quiet road.

At the water works, turn left, NW, for 100 metres.

Turn right, close to due north, and head uphill on the footpath.

This ascent is the shortest but steepest.

Head up to a tarmac lane and turn left, NW, for less than 100 metres.

Turn right, north, on a farm track that soon reverts to footpath.

Head NE up to the TF-38.

Turn left along the TF-38 for about 30 metres.

Turn right, NE, back onto the footpath.

The footpath was not well reinstated after the TF-38 was built so this took a bit of guess-work and scrambling to find the original line. This leg was also a little overgrown and steep.

The path soon improved again but remained steep. Continue NE.

Join another route up and follow the water pipes up, now roughly north.

Another path merges from the left. Continue roughly north.

After 150 metres, turn right and head NE, towards the TF-38.

Ignore the path heading more nearly north.

Cross the TF-38 and head uphill on a 4x4 track, heading NE and later roughly east.

This track zigzags through fairly recent and dramatic lava flows.

At the highest point, there is a house or shanty.

Turn right and head SW, downhill on a 4x4 track.

This soon fades into a little used, narrow path.

This is a good descent because the path is mostly rocky and not slippery gravel.

The rocks are red, orange and yellow unlike the more common black lava blocks.

There are fine views over a ravine and gorge.

Head down to a farm and use the road between the vineyards, SW.

After the farm, continue SW and follow the waymarks down to Chirche.

In Chirche use the road to descend for 130 metres.

Either cross the barranco for a prettier route or use the quicker road.

After crossing the barranco, bear right, west, and follow the ridge down.

The path doubles back on itself just before Aripe.

Follow the signs to Guia de Isora.

Follow the path down heading SW.

Descent to more signposts and turn right, west, to return to Guia de Isora.

Head SW down Calle las Britas.

Turn right, north, along Calle Don Manuel Gorillo.

Turn left, SW, down Calle los Chorros.

At the church square, turn right, NW, along Calle Arriba.

Continue ahead into Calle del Campo and return to the bus stop.

