Waveney Ramblers Waveney Bounds One 17 Bedingfield and Aspall

Track: TM 17647 68009 GPX for SatNav 8.8 Miles Updated: 2024

This walk is in deepest rural Suffolk and parking is a problem. There are a few places in Bedingfield Street, Bedingfield Road. On this walk, none of the cross-field footpaths had been reinstated - a black mark for the land owners / managers.

Head SE along Bedingfield Road. Turn first left, NE, on a footpath.
Head NE to Hall Road (Rose Cottage). Turn left, NW, along Hall Road.
At Bedingfield, optionally divert to visit the interesting Saint Mary's church.
Continue ahead at the crossroads, west, along Plash Road.
Follow the road left, SW, towards Dublin Road.
Head south, soon SE, and pass the conspicuous water tower.
Turn right, SW, along Bucks Green.
Turn left, SE, towards Bedingfield House (moat).
Head SE passing the farm buildings.
Turn left, SW, soon south, towards Bucksgreen Farm.
At the farm, veer left, south, following field perimeter tracks.
Drop down to the waterway - the river Deben.
Head a little west of south across an open field.
Continue south, hedge right. Cross the next open field, south.
At the bottom, there is confusion about the line to follow.
If the path has been reinstated, follow it roughly west.
Otherwise head west on either side of the hedge.
Turn left, SW, at a wide hedge gap and cross the field.
Head SW, soon west, and pass Aspall House (moat).
Cross the B1077 and head west across an open field, then west, hedge right.
Kink left and right at the end of the field.
If the path has been reinstated, follow it across the open field.
Otherwise, head due west to a footbridge and hedge gap.
Cross the bridge and head SW across another open field.
Turn left, SE, on an attractive narrow tarmac lane to Redhouse Farm.
Continue SE to Aspall. Turn left, NE, to the church of Saint Mary of Grace.
Optionally visit the church. Head NE out of the cemetery through a derelict lych gate.
Head NE on fieldside tracks.
At the dip, kink left and right, cross the river Deben and enter woodland and orchards.
Head NE to the B1077 and turn right, SE, to the fragrant Aspall Cider brewery.
Turn left NE, on a signed path through the brewery.
For safety, follow the well signed pedestrian route and look out for works traffic.
Follow this path NE, woodland left. After the last woods, cross an open field NE.
At the opposite hedge, turn left, north, soon NW, hedge right.
Continue NW on a wider track. Follow this right, NE, towards Green Farm.
Before a concrete loading area, veer left to avoid the private land.
Head NE, hedge right, farm right.
Continue NE on the tramac lane. One source of the river Deben is approximately here.
Turn left, NW, along Bedingfield Road back to Bedingfield Street.

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OS Trail on
Smartphone
Bedingfield and Aspall
8.8 Miles - Waveney Bounds - 17
Bedingfield Street
brilliant.hope.winter
Dublin Road
Bedingfield Road
Rishangles
Bedingfield
Eye Road
Bucks Green
River Deben
Castle Hill
B1077
Aspall Wood
New Road
Bellwell Lane
Aspall
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