Waveney Ramblers Guia de Isora 10 La Arena Alcala Guia

Track: GPX for SatNav 6.9 Miles Updated: 2020-01-19

7 miles walking. 683 metres (2249 ft) ascent. 139 metres (460 ft) descent.

There are five routes to the coast. This one has a pleasant section along the coast and a short sharp ascent up to Guia de Isora. One section on tarmac near Guia is particularly steep.

Catch the 493 or 494 bus down to the coast.
Get off at the first stop in Playa la Arena.
Cross the road, west, then head south converging with the sea.
The first 400 metres is residential. Then follow the coast path.
Bear right then left and head to the water's edge.
Follow the coast path south, all the way to Alcala.
In Alcala, head close to the southern end of the town.
Cross the main coast road at the roundabout.
Head east along Calle Cumbrita, soon passing a chapel.
Then the bananas start.
Banana plantations are not the prettiest farms but this is a nice quiet road.
The road heads SE, then NE all the way to the TF-463.
That's an average direction.
There are many wiggles to get past banana terraces.
Remember to look behind you.
The views towards La Gomera and La Palma are rather excellent.
At the TF-463, turn right and head along this busier road for 300 metres.
Turn left, uphill, a little north of due east.
This lane leads all the way to Guia de Isora.
It crosses the TF-1 over a tunnel.
By far the steepest leg is in Guia de Isora.
Cross the main road through the town.
Zigzag NE back to the bus stop.

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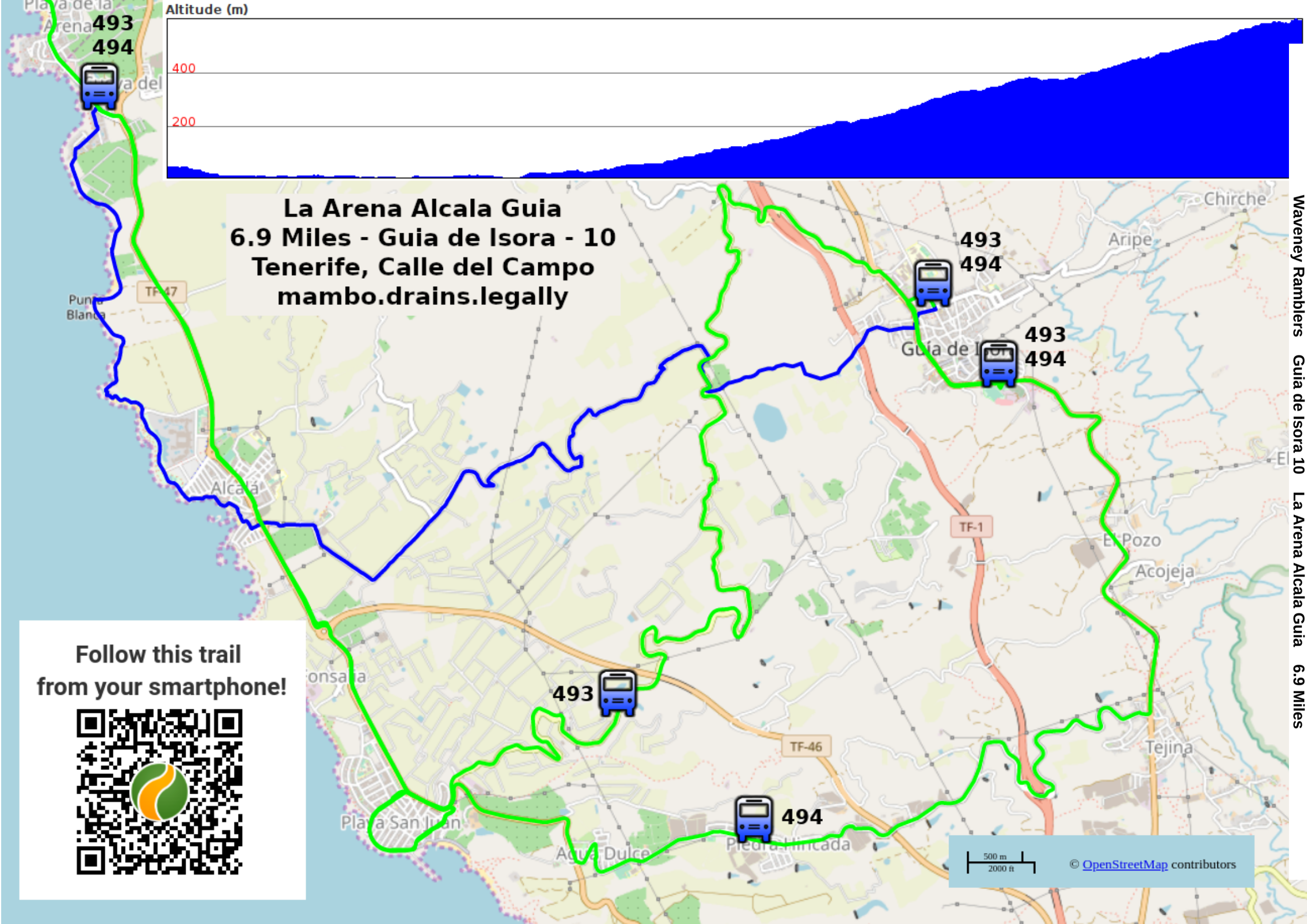
Altitude (m)
400
200
493
494
La Arena Alcala Guia
6.9 Miles - Guia de Isora - 10
Tenerife, Calle del Campo
mambo.drains.legally
493
494
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494
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494
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