

SANDLINGS WALKS

Fourteen Circular Walks
The routes include the
Sandlings Walk

Compiled by Waveney Ramblers

Waveney Ramblers Sandlings Walks 0 Sandlings Walk - 14 Circular Routes

OS Map: X 197 Track: TM 19650 44448 GPX for SatNav 60 Miles Updated: 2020-11-05

The Sandlings Walk starts from Rushmere Heath and heads north and east to Southwold. An alternative start point is at Bixley Heath one mile to the south.

This guide splits the route into fourteen circular walks. The waymarked Sandlings route is about 60 miles long. These circular routes total 130 miles. The Suffolk Sandlings are areas of heathland with poor sandy soil. This habitat has become rare and valuable. Much of the terrain has been converted to arable farm land or forest plantations. The walk is well signposted. Look out for sculptures at intervals along the route. The habitats are very diverse and there are some fine views. As well as forest, heath and arable crops, expect pig farms and huge areas of mown lawn, some of which have been harvested for rolls of turf. Clay clogged boots are unlikely in this sandy terrain.

GPX and KML DOWNLOADS

During November 2018, the entire walk was logged using a Garmin eTrex 20 hand-held GPS receiver. The downloadable track logs are quite accurate and generally better than similar offerings on-line that were created from maps without actually doing the walk! Several downloads copy each other and get the Kesgrave start/end point wrong. The walks are shared on https://www.wikiloc.com/

MAPS from OpenStreetMap

OpenStreetMap allows you to copy, distribute, transmit and adapt their data, as long as it's credited to OpenStreetMap and its contributors. The maps in this guide add track logs to OpenStreetMap. These may be distributed under the same licence - https://www.openstreetmap.org/copyright

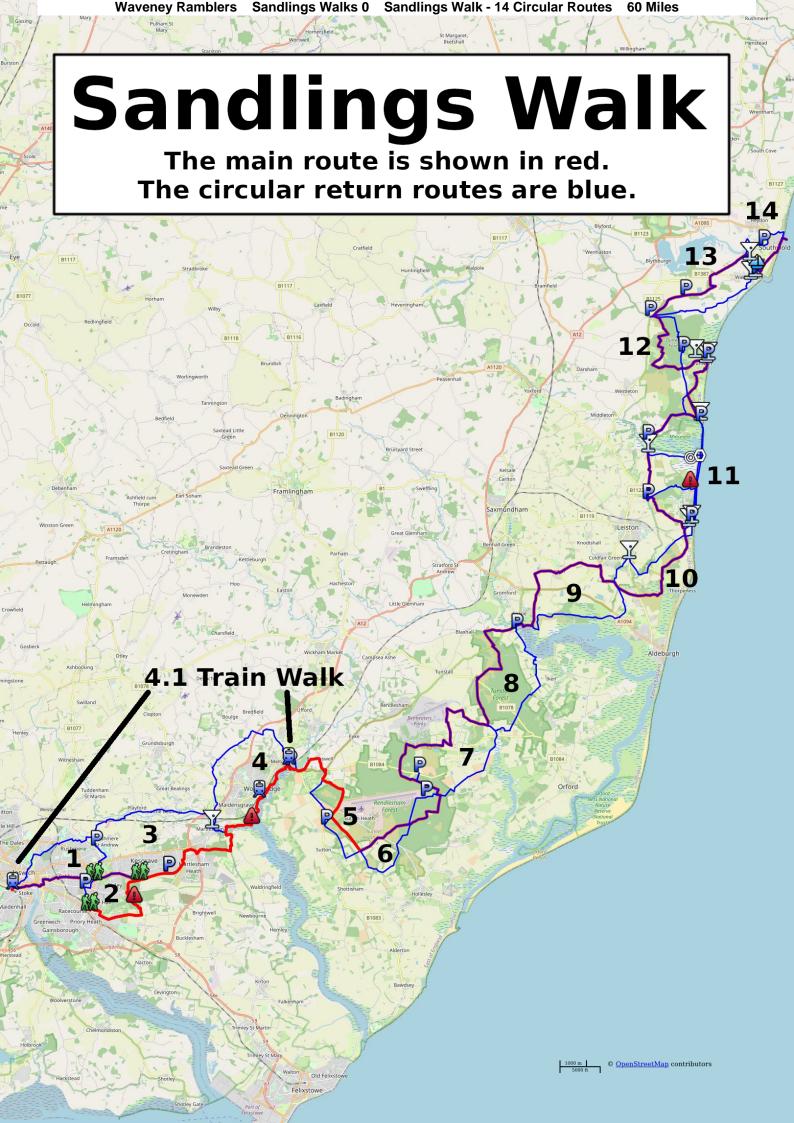
THE WALKS

- 1) 8.2 Miles Ipswich Railway Station to the Sandlings Start (This extra leg is not part of the "official" route.)
- 2) 6.2 Miles Visit both start points at Bixley and Rushmere Heaths
- 3) 12.5 Miles Kesgrave and Martlesham
- 4) 10.7 Miles Martlesham and Melton (At high tide part of this route might be under water for an hour or two.)
- 4.1) 12.2 Miles Ipswich to Melton Train Walk (At high tide mile nine might be under water for an hour or two.)
- 5) 10.5 Miles Sutton, near Sutton Hoo
- 6) 8.0 Miles Rendlesham and the UFO trail
- 7) 10.8 Miles Butley
- 8) 9.6 Miles Snape South and Tunstall Forest
- 9) 11 Miles Snape North
- 10) 8.4 Miles Aldringham
- 11) 9.2 Miles Sizewell and Minsmere
- 12) 11 Miles Dunwich Forest and Heath
- 13) 8.5 Miles Walberswick (October 2018: The bridge to Southwold is closed for repairs)
- 14) 4.6 Miles Southwold (The route has been extended to include the pier.)

DISCLAIMER

Waveney Ramblers tries to stay on rights of way and keep safe. These maps are a "best effort" to document our routes but there may be errors, especially if paths have not been reinstated or signposted. Local conditions change from day to day and with the weather and seasons. Paths get diverted or closed. A safe walk today could become unsafe tomorrow. So please rely on your own common sense. Use these guides as a starting point and not as Biblical authority. As always the main danger is road traffic. Railway crossings are safe by comparison.

Please support rambling and the countryside. Join the Ramblers at https://www.ramblers.org.uk/
Disclaimers and Copyrights © 2025 Waveney and District Ramblers Group http://waveneyramblers.org.uk/
Sketch maps, not to scale Crown Copyright http://waveneyramblers.org.uk/
OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/ https://www.openstreetmap.org/
Corrections: Please mail Neil at nbauers@btinternet.com or Facebook https://www.facebook.com/nbauers/



Waveney Ramblers Sandlings Walks 1 Ipswich

OS Map: X 197 Track: <u>TM 19643 46040</u> <u>GPX for SatNav</u> 8.2 Miles Updated: 2018

The route round Ipswich is not part of the Sandlings Walk. It goes via the railway station allowing rail travellers to join the Sandlings route. The Sustrans N1 Cycle route is used as well as other shared cycle and foot paths.

Park by the church in Rushmere St Andrew or use street parking nearby.

Head north on the footpath just east of the car park. Don't join the tarmac. Turn left, west, along a footpath.

Turn left, south along Seven Cottages Lane. Cross Humber Doucey Lane and head SW into Roxburgh Road.

Turn right, NW, along Renfrew Road.

Follow the crescent left then turn right, NW, into Lanark Road. Follow the road round to the right.

Turn left, a bit south of west, along Sidegate Lane.

Cross Colchester Road at the pelican crossing. Turn right. Cross the railway.

Bear left, SW, along the Cemetary Lane cycle route.

Kink right and left, SW, and use the woodland path parallel with the road.

Head down some steps, then SW, towards the town cwntre along Tuddenham Road.

Turn right, west, along Gainsborough Road.

Turn left, south, and take the first right into Christchurch Park.

Turn left, south. Bear right towards a children's play area.

Just before the play area, turn left, south, downhill.

Bear right and head past the lake to the right. Head SW through a stand of tall trees.

Back on roads, turn left, south. Turn right, west, along Crown Street and cross at the pelican crossing.

Turn left, south, bus station, right along Tower Street. Follow the town trail sign and head past several churches.

Cross Tavern Street and Buttermarket. Turn right, west, along Dog's Head Street then left, SW, along Silent Street.

Continue SW into Cutler Street. Head south past the carbuncle cinema complex.

Bear right, west, along a very busy road. After the Royal Mail depot, turn left, south, along Princes Street.

Go to the river close to the railway station in sight ahead.

Don't cross the river. Go right, down steps then head left, east, along the the river path.

Follow the river path east and kink left and right over the A137. Keep left and head east past the moored boats, right.

At the end of the marina, turn left, east, along Coprolite Street (fossil poo street) then left, north, up the B1458.

Cross the A1156 then head right, east along Back Hamlet.

Turn left, north, up an alley between the university and Alexandra Park.

Turn right, east, and cut through the park.

Turn right, SE, along Foxhall Road, then first left, along Woodwille Road.

This is part of the N1 cycle route to California (Dover to Shetland so don't get sidetracked!)

Turn right, SE, into Tennyson Road, then left, NE, along Wellesley Road. Cross the railway.

Bear right, east, into Marlborough Road. Continue east into Freehold Road and later Newbury Road.

Kink right and left to head east past the hospital.

Kink left and right. Head close to the buildings. Don't cross the staff car park. Head east to the A1189.

Cross over and head right, south, until you are opposite Heath Lane. This is the start of the Sandlings Walk.

Head NE along the perimeter path, houses left.

Head through the golf club car park (members only).

Cross Woodbridge road and head north along a short track.

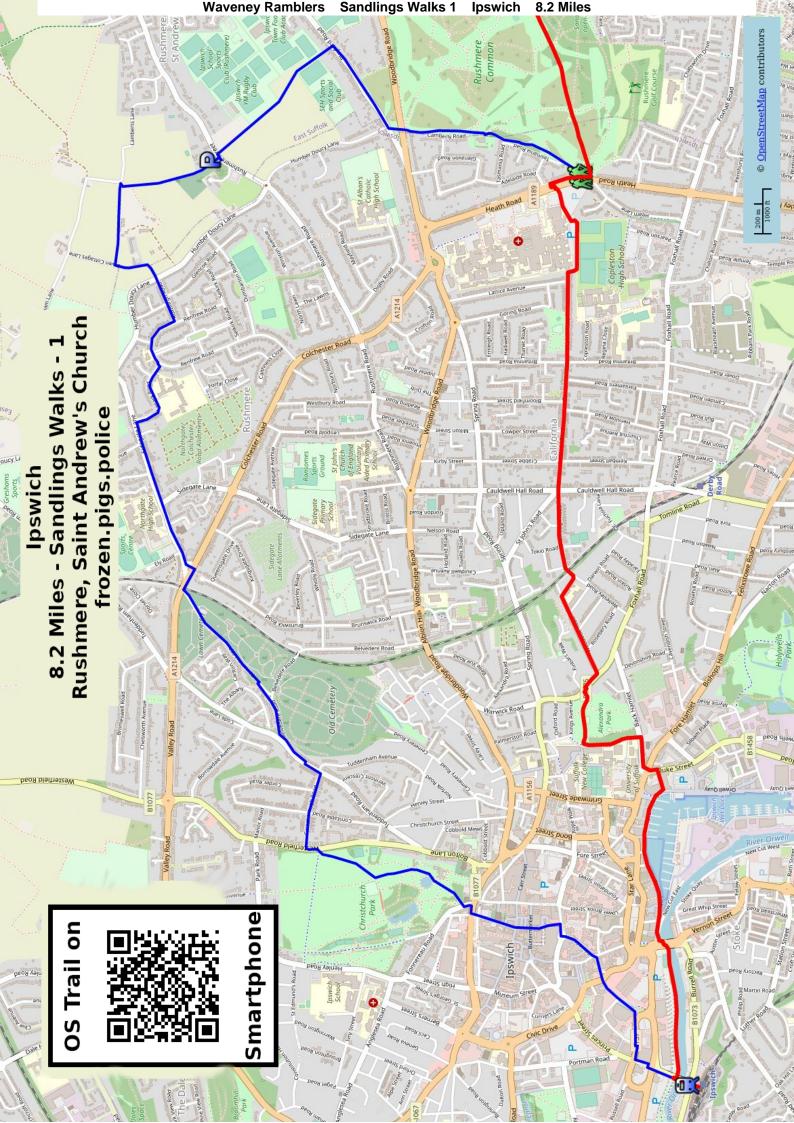
Turn right, NE, along Playford Road.

Turn left, NW, along the footpath between houses 85 and 87.

Cross an open field and head NW back to Rushmere Church visible in the distance.

The church has a gated car park that might be available by arrangement.

Please support rambling and the countryside. Join the Ramblers at https://www.ramblers.org.uk/
Disclaimers and Copyrights © 2025 Waveney and District Ramblers Group http://waveneyramblers.org.uk/
Sketch maps, not to scale Crown Copyright http://waveneyramblers.org.uk/
OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/ https://www.openstreetmap.org/
Corrections: Please mail Neil at nbauers@btinternet.com or Facebook https://www.facebook.com/nbauers/



Waveney Ramblers Sandlings Walks 2 Bixley and Rushmere Heaths

6 Miles OS Map: X 197 Track: **TM 19207 43983 GPX for SatNav** Updated: 2018

The Sandlings Walk has two start points. This walk visits both.

Park in Chilton Road (street parking).

Head south on a narrow footpath emerging in St. Augustines Gardens.

At the A1189, turn right and head south, crossing at the pelican lights.

At the roundabout, turn left, SE, along Bucklesham Road for 50 metres.

Turn left, NE, into an alley footpath leading to Bixley Heath.

This is the start of the Sandlings Path.

Follow this path NE and soon SE, with a few wiggles.

At a pond, turn right, south to rejoin Bucklesham Road.

Head left, SE, along Bucklesham Road.

At the Golf Course entrance, turn left, NE, along Purdis Farm Lane.

Follow this lane for a mile, then turn left, north, field right.

The path enters woodland and drops down to wooded marshland.

Follow the boardwalk NW with a few wiggles.

The boardwalk is passable but overdue for repair.

After the boardwalk, the route kinks right and left and continues NW.

At Foxhall Road, turn right, NE, for 100 metres along the road.

Turn left, north, into woodland. The path emerges near Foxhall Stadium.

Bear right, NE, and cross the zone used for car boot sales.

The right of way was blocked by temporary fences but alternatives were available.

Head roughly east to Bell Lane. At the road, turn left, north for 40 metres.

Turn left again and head west along the other Sandlings Path. This is well signposted.

After nearly a mile, the path bends slightly left, SW.

Cross Rushmere Heath and the golf course taking care to avoid flying balls.

At the west end of the heath, you reach the other Sandlings Path start point.

Cross the A1189 and head SW along Heath Lane.

There's a pelican crossing nearby if it's busy.

Turn right, west, along Foxhall Road for 270 metres.

Turn left, south into Chilton road and return to your parking place.



Waveney Ramblers Sandlings Walks 3 Kesgrave and Playford

OS Map: X 197 Track: **TM 23201 44958 GPX for SatNav** 12.5 Miles Updated: 2018

Park in the Kesgrave sports fields car park or the adjacent street.

Head SE to the perimeter hedge, then east, hedge right.

At the end of the sports field, kink left and right and enter the woodland, NE. Follow the way marks.

Cross the road and head NE along the footpath. Turn left, NW, children's play area right.

Just after the school playground, turn right, east, signposted to Martlesham.

The concrete path bends left, north. Ignore side turnings. At a park bench, turn right, east, fence right.

At the road, bear right, east. Before the barrier, cross over and head east along the woodland track.

Head SE parallel with the A12. Turn left, NE, and cross under the A12.

Kink left and right onto a narrow path. Skirt the Tesco's car park.

Bear right, east, still skirting Tesco's. Ignore side turnings. Continue east leaving Tesco's behind.

Kink right and left, east. Aim for the car park height barrier. Cross the road and enter the car park.

Head east, through a gate into a long stretch of woodland.

At the end of the wood head east along the tarmac or cross the road and kink left and right.

Follow the field perimeter east, parallal with the road avoiding the tarmac.

At a right bend in the road, turn left, north, and cross the open field. Aim for the far hedge gap.

Turn right, east, along the lane and soon left, north, on a farm track, hedge right. Continue north on tarmac.

Opposite an attractive historic building, kink left and right, north, onto a field perimeter path.

Level with St. Mary's church, turn left, west, hedge right.

Turn right, north, and head down steps into woodland. Near the end of the trees, turn left, NW.

The woodland path bends left and right, west, and comes out on tarmac. Head NE to the Red Lion (refreshments).

At the pub, turn right, NE, and soon left, NW, into Post Office Lane.

Head NW across a footbridge, then over the railway line, up and down steps. Continue NW across the field.

At the A12, bear left, west, then right, north, to cross under the road.

Turn left, west. The path gradually veers away from the busy road and heads roughly west for three miles.

Ignore a path to the right and head along a gravel track. In the village, kink left and right along Sandy Lane.

Follow a tree-lined path. Kink right and left, uphill, hedge left.

Merge with tarmac. At a Y junction, bear left, downhill along Hill Farm Road.

At a road T junction continue onto a woodland path. Cross a footbridge. Kink left and right, hedge left.

Turn left and cross another footbridge. Turn right, watercourse right. Cross two footbridges.

Turn left, briefly south before bending right, west again. Meander through woodland and cross another footbridge.

Cross sloping grassland, west. After a gate, head SW, uphill. Turn left, south, under the railway.

Turn right, west, uphill, railway right. Turn left, south, uphill. Aim for the houses and cross an open field.

Continue south, hedge right. Bear away from the hedge, south towards the houses.

Kink left and right and head south between houses. Bear right, SW, onto a wide track.

Turn left, south, on a tarmac lane. At the left bend, kink right and left, south, hedge left towards the church.

At the church, cross the tarmac and with a left right kink, head southeast, hedge left.

Cross an open field, SE. Follow the road, right, SW. Near the end, turn left, south.

Cross the main road and enter Rushmere common. Head south, close to the west perimeter, houses right.

Head past the golf club car mark (members only). At The south west corner of the common, join the Sandlings Path.

A sign board has details about the path. Now head a little north of east across the common.

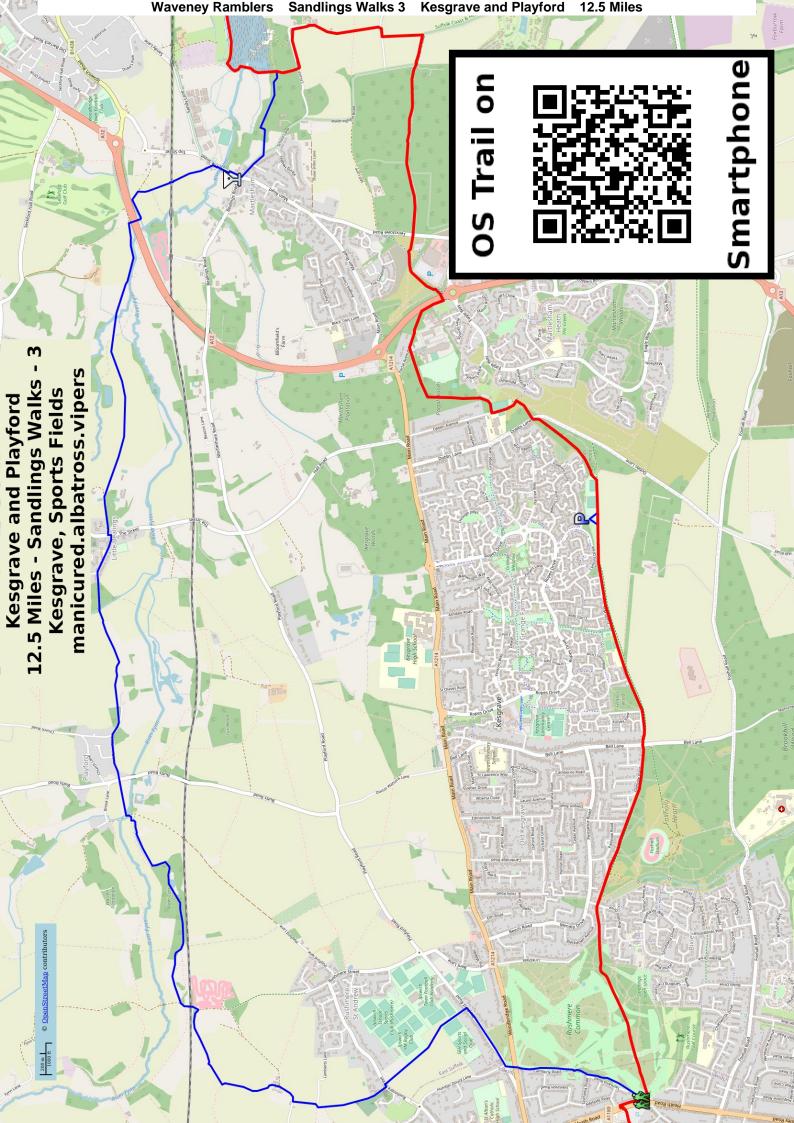
Follow the waymarks left, downhill, then right, east, in the woodland. Ignore a crossing path.

Cross a couple of tarmac roads and continue always east. Ignore a path to the right (SE).

Ignore a joining lane. Continue east all the way to the sports field. The Sandlings path keeps right, close the the hedge.

Please support rambling and the countryside. Disclaimers and Copyrights © 2025 Waveney and District Ramblers Group http://waveneyramblers.org.uk/ Sketch maps, not to scale OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/ https://www.openstreetmap.org/ Corrections: Please mail Neil at nbauers@btinternet.com or Facebook https://www.facebook.com/nbauers/

Join the Ramblers at https://www.ramblers.org.uk/ Crown Copyright http://waveneyramblers.org.uk/



Waveney Ramblers Sandlings Walks 4 Woodbridge and Melton

OS Map: X 197 Track: <u>TM 28813 50301</u> **GPX for SatNav** 10.7 Miles Updated: 2018

This walk has two hazards. The A12 has to be crossed twice. Avoid busy times. A short stretch is flooded at high tide. This route has two railway stations and a car park as possible start points.

From Melton station, head out onto the road. Turn right twice and go into Melton Riverside car park, south of the railway line. From the car park, head NW towards the railway track. Cross a footbridge and turn left, SW, and head up steps onto the flood defence path. There are fine views over the estuary. Turn left, east, then SE, and head along the waterside path and Sandlings Walk. This brings you back to the road close to a bridge. Cross the road and head north along Brick Kiln Lane.

Cross the railway and continue north. Continue north on a narrower footpath. At garages (El Paso), turn left, west. At a junction, bear right, NW, hedge left. Cross a road and head NW along St. Audrey's Lane. This bends right, north and later NW. At a t-junction in the tarmac, continue NW on a footpath, trees both sides. The main right of way involves crossing the busy A12 twice but this can be avoided. At a mature oak tree, there's a red arrow and a numbered waypoint 10 and "Sorry No Dogs". Turn left, west. Cross the crop. Continue west at waymark 11, woodland left. Kink left and right. Cross a footbridge. Head SW through woodland at waymark 12. Continue SW at waymark 13, a nice picnic spot. At waymark 14, cross a footbridge, then head left, south, on a gravel track, rejoining the main right of way. Emerge onto tarmac. A few paces later turn right, west, pond right. Head to the A12 and cross the road.

This path is little used and full of large rabbit or perhaps badger holes. At the end, turn left, SW, then left, south on tarmac. Turn off the tarmac, a little west of south, onto a tree-lined track to Manor Farm. Stay on the main track when it bends right, SW. Bear left, south, through farm buildings, then right, SW. Cross an open field SW. Aim for a pond/marl pit/bomb crater and pass it pond left. Then aim for the finger post and gap. Cross a concrete bridge. Ignore the path left. Cross a wooden bridge, head SW across a meadow and another open field. Head SW, hedge right through two gates, ignoring side paths. Head SW past farm buildings. At a road, turn right, west, and soon left, slightly west of south. Ignore side turnings. Drop down and cross a farm track. Head SW through trees, across a stream through a gate and across a meadow. At tarmac, turn left, SE. The road soon bends right, a little west of south and passes a moated mansion.

At a t-junction, kink left and right and head up steps and south on a tree-lined footpath. Kink right and left and continue south on the footpath. Ignore side paths. Kink right and left and continue south between fields, passing mature oaks. Continue south on gravel past an ultra-modern house, then through the golf course. At tarmac, turn left, SE. Take the first footpath right, south, signed Seckford Way. Head uphill, woodland right. Drop down, SW, into a valley. Follow the waymark. Bear left, south. Head to the A12. Climb the steps and cross the busy road. Turn left, east, parallel with the A12. At the roundabout, bear right down a tarmac ramp. This zig zags, then heads south.

Head south along the road, under the railway and turn left at the Red Lion (refreshments). Head SE towards Waldringfield. At a dog poo bin, turn left, east, off the tarmac, into woodland, ditch left. Turn left, north. Leave the woodland and head alongside the estuary, moored boats right. Turn right, east. Stay close to the water and head all the way back to the car park or Melton Station. Where the path bends north, there's a low lying and beach section of the footpath where tidal flooding is likely. Check here ...

https://www.bbc.co.uk/weather/coast and sea/tide tables/1/134a#tide-details

Woodbridge comes into view. Return close to the water after a short woodland stretch. The path is now tarmac. In Woodbridge, don't cross the railway line. Pass Woodbridge Station, an alterntive start point. Follow the waymarks to avoid ending up on a dead end spit of land. Return to the car path. Head down the steps, away from the estuary. Turn right and cross the footbridge back into the car park. Return to Melton station if you came by train.

Please support rambling and the countryside. Disclaimers and Copyrights © 2025 Waveney and District Ramblers Group http://waveneyramblers.org.uk/ Sketch maps, not to scale OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/ https://www.openstreetmap.org/ Corrections:

Join the Ramblers at https://www.ramblers.org.uk/ Crown Copyright http://waveneyramblers.org.uk/ Please mail Neil at nbauers@btinternet.com or Facebook https://www.facebook.com/nbauers/



Waveney Ramblers Sandlings Walks 4.1 Sandlings 1 3 4 - Train Walk - Ipswich to Melton

OS Map: X 197 Track: TM 28813 50301 GPX for SatNav 12.2 Miles Updated: 2020-03-10

Sandlings Path - An alternative combining 1, 3 and 4 with a train ride.

Time this walk so the tide is out at mile nine. At high tide the path floods.

Park at Melton Riverside, TM 28811 50299 and walk to the railway station. Catch a train to Ipswich.

From Ipswich station head NE and cross the Gipping River. After the bridge, go left down steps then head left, east, along the the river path. Follow the river path east. Kink left and right over the A137. Keep left and head east past the moored boats, right. At the end of the marina, turn left, east, along Coprolite Street (fossil poo street) then left, north, up the B1458. Cross the A1156 then head right, east along Back Hamlet. Turn left, north, into Alexandra Park. Head to the NE corner of the park.

Turn right, SE, along Grove Lane, then first left, along Woodwille Road, NE. This is part of the N1 cycle route to California (Dover to Shetland so don't get sidetracked!) Turn right, SE, into Tennyson Road, then left, NE, along Wellesley Road. Cross the railway. Bear right, east, into Marlborough Road. Continue east into Freehold Road and later Newbury Road. Kink right and left to head east past the hospital. Kink left and right. Head close to the buildings. Don't cross the staff car park. Head east to the A1189. Cross over and head right, south, until you are opposite Heath Lane.

This is the start of the Sandlings Walk. Head a little north of east across the common and golf course. Follow the way marks left, downhill, then right, east, in the woodland. Cross a couple of tarmac roads and continue always east. Ignore a path to the right (SE). Continue east all the way to the Kesgrave sports fields. At the end of the sports field enter the woodland, NE. Follow the way marks. Cross the road and head NE along the footpath. Turn left, NW, children's play area right. Just after the school playground, turn right, east, signposted to Martlesham. The concrete path bends left, north, passing the control tower museum.

At a park bench, turn right, NE, fence right.

At the road, bear right, east along Portal Avenue. Near the barrier head east then SE parallel with the A12.

Turn left, NE, and cross under the A12.

Kink left and right onto a narrow path. Skirt the Tesco's car park (toilets, cafe, shelter).

Bear right, east, still skirting Tesco's. Ignore side turnings. Continue east leaving Tesco's behind.

Kink right and left, east. Aim for the car park height barrier. Cross the road and enter the car park.

Head east, through a gate into a long stretch of woodland.

At the end of the wood head east parallel with Newbourne Road. Kink left and right onto the field perimeter path avoiding the tarmac.

At a right bend in the road, turn left, north, and cross the open field. Aim for the hedge gap.

Turn right, east, along the lane and soon left, north, on a farm track, hedge right. Continue north on tarmac.

Opposite an attractive historic building, kink left and right, north, onto a field perimeter path.

Level with St. Mary's church, turn left, west, hedge right, not on the tarmac.

Turn right, north, and head down steps into woodland. Near the end of the trees continue north.

Leave the woodland and head alongside the estuary, moored boats right.

Turn right, east. Stay close to the water and head all the way back to the Melton Riverside car park.

Where the path bends north, there's a low lying and beach where the footpath floods at high tide. Check here ...

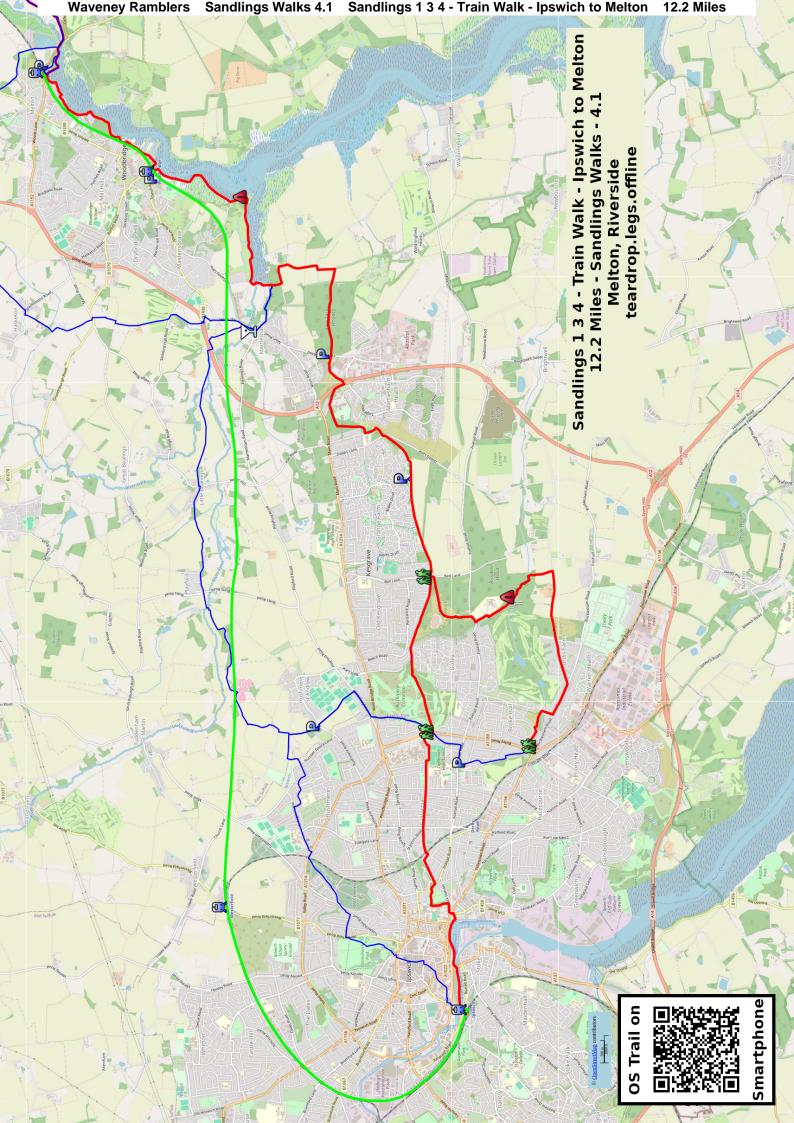
https://www.bbc.co.uk/weather/coast_and_sea/tide_tables/1/134a#tide-details

Return close to the water after a short woodland stretch. The path is now tarmac. In Woodbridge, don't cross the railway line.

Pass Woodbridge Station, an alternative start point. Follow the way marks to avoid ending up on a dead end spit of land. Continue NE to Melton. Head down the steps, away from the estuary.

Return to Melton station if you came by train or turn right and cross the footbridge back to the car park.

Please support rambling and the countryside. Join the Ramblers at https://www.ramblers.org.uk/
Disclaimers and Copyrights © 2025 Waveney and District Ramblers Group http://waveneyramblers.org.uk/
Sketch maps, not to scale Crown Copyright http://waveneyramblers.org.uk/
OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/ https://www.openstreetmap.org/
Corrections: Please mail Neil at nbauers@btinternet.com or Facebook https://www.facebook.com/nbauers/



Waveney Ramblers Sandlings Walks 5 Sutton

OS Map: X 197 Track: TM 28813 50301 GPX for SatNav 10.5 Miles Updated: 2021-04-15

Park at the Melton Riverside car park or from Melton railway station, head to the road and turn right twice to get to the car park.

Follow the footpath NW. It starts near the car park near the entrance. Cross a footbridge and turn left, SW. Head up steps onto the flood defence wall. Turn left, SE, and follow the waterside path all the way to the road. There are fine views over the estuary. At the road, turn right, SE, and cross Wilford Bridge. Before the roundabout, turn left, east, and head into woodland and onto a recently restored board-walk.

Back at tarmac, turn left, NE along Common Lane. At a t-junction, turn right, roughly south, along School Lane.

At the main road, cross over and head south, uphill, into the woodland.

This woodland route is much nicer than the "official" line along the main road.

Head south, over a stile, into the golf course.

Continue south, bunkers left. Look for the finger posts marking the right of way.

At taller trees, pick up the Sandlings Path signs and head SW, fairway left.

Turn left, SE, crossing the fairway, still following the Sandlings Path signs.

Head SE through a gorse gap along a track, fairway right.

Go through a gate and head briefly south. Turn left, SE on a woodland path. Ignore tracks off.

At a pole-top transformer and dragon's tooth, turn right south. Continue a little west of south ignoring side turnings.

Cross the main road and continue a little west of south. Turn left, SE, onto a crossing path. Ignore side tracks.

The wider track narrows to a woodland footpath. Continue SE later passing the waterworks, right.

Go through a gate and continue SE, woodland left, field right.

This leg ends at a large green storage tank, probably for water.

Turn right, SW, onto the crossing track. The Sandlings path heads the opposite way.

Just after houses, turn right, a little west of north. Ignore side tracks.

Near Gyb Hill Plantation, kink right, then left and head NW on a smaller path.

In car park take the second footpath to the right. After 40 metres, bear left off the main path between posts.

Head NE back to the outgoing path. Head NW, no longer following the outgoing path.

The right of way heads NW, hedge left but the walking is much easier if you go hedge right.

At the end of this hedge, kink right and left into field. In 2021, this was mown lawn for the turf industry.

Follow the line of birch trees, left, NW, for 50 metres, then head right, diagonally across the field, bearing 317 degrees.

Aim for the opposite field corner and correct your line when you see the footpath signpost.

At heath road, cross over. Follow the road (nasty), NW, or kink right and left into the mature beech wood.

Head NW through the open woodland parallel with the road.

This pathless leafy glade emerges onto a track at a small parking area.

Turn right, NE, into the golf course. Head NE, fairways left.

Bend slightly left, NE, and cross a fairway to rejoin the path from earlier in the walk. Follow the finger posts.

Head NE, woods left, uphill. Turn left, north, and cross a fairway, bunkers right.

Cross the stile and head north through the gorse and woodland.

Cross the main road into School Lane, NW. At a t-junction, turn left, west, along Common Lane.

Before the main road, turn right, west, into woodland and the restored boardwalk.

Rejoin the main road and turn right, NW. Cross Wilford bridge.

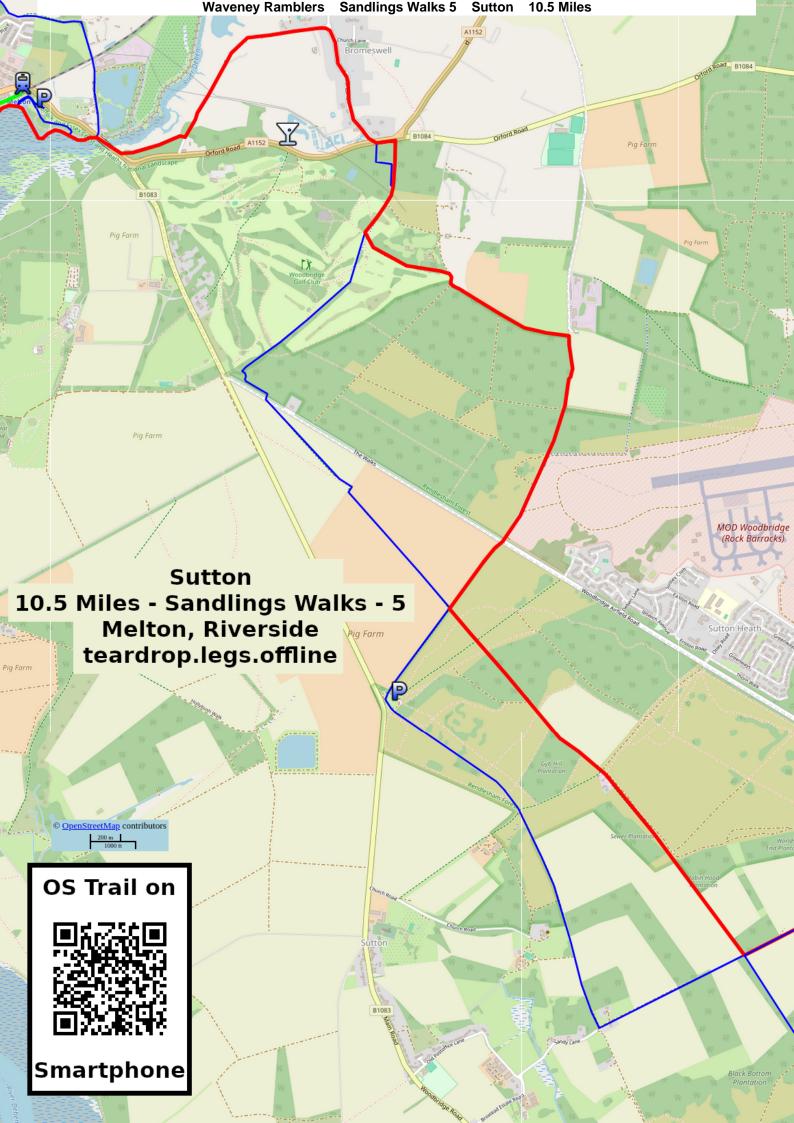
Turn left and follow the flood defence path with good views over the estuary.

Turn right down the first steps and head north and soon west back to the car park.

If you came by train, leave the car park and turn left along the main road and left into Melton Station.

Please support rambling and the countryside. Join the Ramblers at https://www.ramblers.org.uk/
Disclaimers and Copyrights © 2025 Waveney and District Ramblers Group
Sketch maps, not to scale Crown Copyright
OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/
Corrections: Please mail Neil at nbauers@btinternet.com or Facebook

Join the Ramblers at https://www.ramblers.org.uk/
https://waveneyramblers.org.uk/
https://www.openstreetmap.org/



Waveney Ramblers Sandlings Walks 6 Rendlesham

OS Map: X 212 Track: **TM 35015 50267 GPX for SatNav** 10 Miles Updated: 2020-08-20

Park in Rendlesham Forest. Fee 4 pounds. The walk is eight miles from here.

Alternatively park at the Butley Corner picnic site (Free). The walk is 10 miles from this start point.

Alien abduction insurance can be purchased online and no doubt anti-probing kits.

This figure eight route could be divided into two shorter walks.

From the pay and display ...

From the west end of the car park, head SW onto a concrete track.

Head west along the concrete until you are close to an airfield perimeter gate.

Turn left, roughly south on the widest track.

There are height gauges to warn forestry equipment drivers of low power lines.

The road bends left and crosses another track. Bear right and head roughly south on patched tarmac.

At junction 8, turn right, roughly west. This track is smaller.

Bear left, SW, along the Tang Trail cycle route.

Continue ahead, SW, NOT following the Tang Trail which goes off to the left.

Stay on this narrow track, parallel with a wider track, right.

Close to the road, go through the gate. Cross a small car park.

Cross over the tarmac and head roughly south on a narrow woodland path.

Cross under power lines. Bear right off the main path. Cross a side track.

Head slightly west of south, power lines right.

Ignore a path left.

After a house, bear right, SW, hedge right. Ignore larger tracks to the right and continue SW, hedge right.

At woodland, cross under the power lines, bear right and head west.

At a junction, bear right, NW.

At a crossroads, go straight on and soon join another track. Head NW. Continue NW when a track joins from the left.

At a crossroads with a large water (probably) storage tank, turn right, NE, and join the Sandlings Walk.

At a tiny thatched bungalow, turn right, east, diagonally across the field towards a house beside the tarmac road ahead.

Head as close to the house as possible, cross the tarmac, and head left, NE, along the waymarked Sandlings Path.

Avoid another path north, between dragons' teeth.

Go through a gate and continue NE. Ignore paths both sides.

At junction S7, bear right, slightly north of east and follow the waymark. Ignore more side tracks.

Ignore the Tang Trail, right.

After a gate, at junction 9, go straight ahead, NE, on a wide track, also the Tang Trail.

The road bends left, north, and comes out at buildings, through a gate and onto tarmac.

At a crossroads, turn right, east. There is pay-and-display parking here. Follow the signpost east, to Forest Camping.

Bear left off the tarmac, past two metal barriers. Head due east along the waymarked route following the power lines.

This track is part of the UFO trail.

Turn left, north, onto a crossing waymarked track. Ignore several side tracks one of which is quite wide.

Turn left, west, along the waymarked path.

Soon, the Sandlings Walk goes off to the right.

Ignore this and head west back towards the car park about a third of a mile away.

Take the first left, south, and the first right, west, to avoid a short leg of road walking.

At the road, kink left and right back into the car park.

Please support rambling and the countryside. Join the Ramblers at https://www.ramblers.org.uk/ Disclaimers and Copyrights © 2025 Waveney and District Ramblers Group http://waveneyramblers.org.uk/ Sketch maps, not to scale Crown Copyright http://waveneyramblers.org.uk/ OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/ https://www.openstreetmap.org/ Corrections: Please mail Neil at nbauers@btinternet.com or Facebook https://www.facebook.com/nbauers/



Waveney Ramblers Sandlings Walks 7 Butley

OS Map: X 212 Track: **TM 35419 49141 GPX for SatNav** 10.5 Miles Updated: 2020-09-03

Park at Rendlesham Forest, Butley Corner car park.

Head roughly south from the picnic area and cross the B1084.

Continue south until a crossroads in the paths.

Turn right, NW, on a footpath.

The track bends left and right and continues NW.

At a y-junction bear right, NW, and head towards the road. Cross the tarmac and head north. Ignore side paths.

Cross a side track and continue NE and later north again.

After a gate, turn right, roughly east and follow the power lines.

At the end of the disused air base perimeter fence, continue east with a right left kink crossing the side track.

Follow the power lines.

Turn left north, a double row of trees left.

Turn right, SE, on tarmac.

Turn left, north, across two open fields. Aim for the gaps in the pines. Continue north.

The track bends left and right and continues north, pond right, water towers left.

Cross a track. Head north with the Bentwaters Park perimeter fence left. A church is ahead.

The track bends right, SE.

Turn right, south, on tarmac.

Turn second left, SE, hedge right.

Ignore a right turn. Continue SE. Brambles right.

The Sandlings Walk goes off to the left. Continue SE along a tree-lined path no longer on the Sandlings route.

The track bends right, south and comes out at the Chillesford Village Sign. There is a park bench for a break.

Turn right and left along Mill Lane, SW, and soon south. For better views, walk on top of the flood wall.

At the mill, drop down to the road again.

Bear left, SW, off Mill Lane, towards Low Farm.

Bear right, SW, along another sandy track. The junction is in a shallow dip in the terrain.

At the tarmac, kink left and right and continue SW.

The track bends left, south, and joins tarmac. Turn right, NW.

Turn first left, SW, into woodland. This footpath is easily missed.

Ignore side turnings and continue SW.

Turn right, west, along the UFO and FIDO cycle trail.

Continue ahead, west, when the FIDO trail heads off left.

Join the Sandlings Walk when it merges from the left. Continue west.

Follow the Sandlings Walk when it heads right, north.

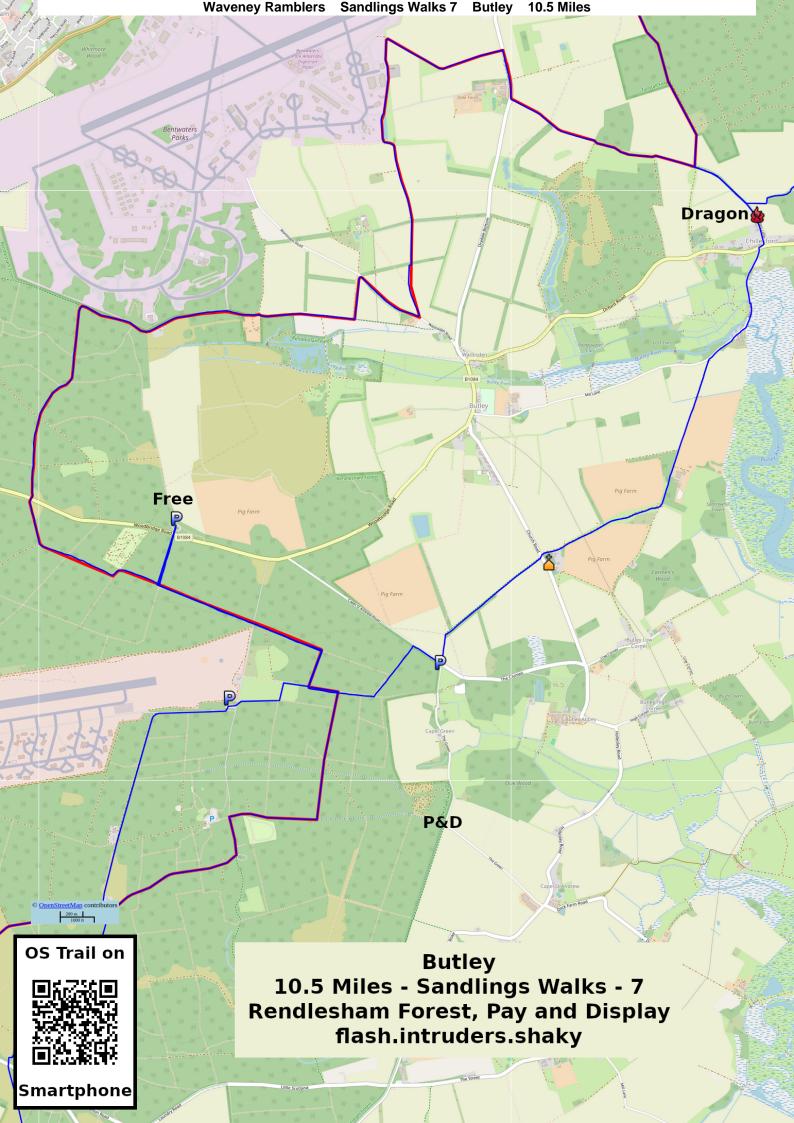
At road number 7, turn left, NW.

Corrections:

Head NW, crossing the access road, passing two gates. This is road 4 and a Sled Dog training area.

When the main track bears left, turn right, roughly north.

Cross the B1084 and return to the car park.



Waveney Ramblers Sandlings Walks 8 Snape South

OS Map: X 212 Track: **TM 39351 57337 GPX for SatNav** 9.2 Miles Updated: 2020-09-17

Park at the Snape Maltings. The overflow car park at the rear of the site is good for walkers.

Head to the SE corner of the car parks and join the footpath. Head SE.

Head SE over two board-walks and reed beds. The path bends right, south, and left SE again.

Cross the Iken Cliffs car park and continue SE to the houses. Head east between the reed beds and the houses.

This path could flood during unusually high tides.

Turn right, SW, up steps, signposted Suffolk Coast Path. Turn left, SE, and head for the road.

Turn right, west, onto tarmac. Turn left, south, on the signposted footpath already in view.

Before a large barn, bear left, east, and follow the power lines.

After a pole-top transformer, turn right, south, on a sandy track.

The path kinks right and left. Continue SE, woodland belt left.

Head through a woodland gap and turn right, SW, woodland right.

Step over the low piglet barrier. Continue SW.

The path kinks right and left and drops down into a dip, SW, trees right.

Cross the tarmac and head SW into the woodland. Ignore the footpath sign a short way up the road.

Turn first right, NW. Turn first left, west, and soon bear left SW, leaving the cycle route.

Merge with a wider track and continue SW.

Continue ahead, SW, leaving the wider track which bends off to the right. Ignore side paths.

Cross under power lines. Cross the road. Continue SW. Ignore more side paths.

Continue SW between fields, trees right.

At a t-junction, turn right, west, hedge right.

At a t-junction, turn right, north, passing houses. The path bends gradually left in a semicircle.

The concrete ends. Continue on grass. Don't drop down into the sand pit.

The semicircle ends. Bear right into woodland, pit right, woodland left.

At the end of the wood, the path bends left, south, then right, west, across a field.

Bear right, NW, along a tree-lined path.

At the end of the tree-lined path, turn right, north, and join the Sandlings Walk.

The path bends left, NW, woodland right and later, gradually right, north again.

Cross the tarmac and head roughly NE.

Turn left, west, and head to a junction close to power lines.

Turn right, north for a few paces then right, NE.

Bear right, east, where several paths join.

Turn left, north.

At a y-junction take the left branch, slightly west of north.

Cross a tarmac lane and continue north.

Pay attention because the next junction is not too obvious. Veer left, NW, through a narrow gorse gap.

Pass a tree and bird design on a concrete plinth.

Drop down to the main road. Turn right, NE, for a few metres along the road.

Turn left, NW, passing a gate, back into woodland. Follow this path to another tarmac lane.

Turn right and head roughly east. Merge with the main road and continue east.

Take the last entrance right into the maltings. This route passes a pub, a cafe, toilets, art galleries and shopping.

There are often interesting historic boats moored at the quay.

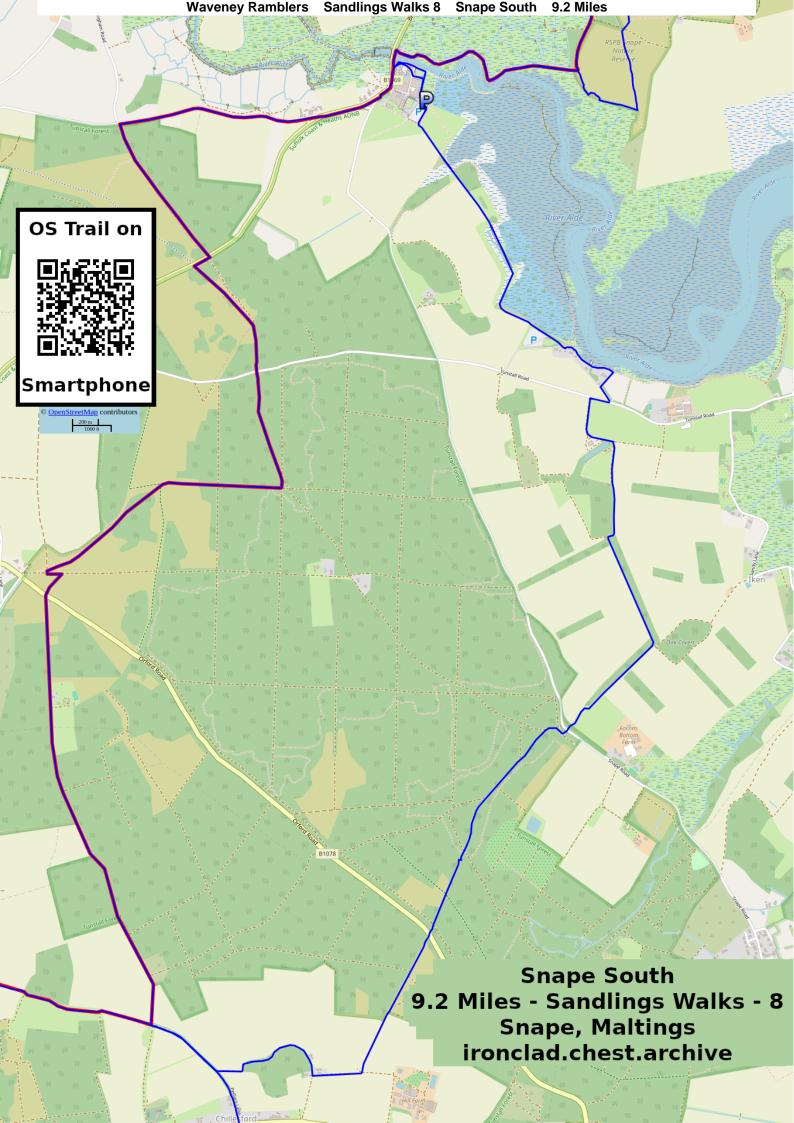
Head east along the sailor's path, river left.

Cross a bridge. Turn right, south, round the back of the concert hall, sculptures both sides.

Head SE back to the car park.

Please support rambling and the countryside. Join the Ramblers at https://www.ramblers.org.uk/ Disclaimers and Copyrights © 2025 Waveney and District Ramblers Group http://waveneyramblers.org.uk/ Sketch maps, not to scale OpenStreetMap https://creativecommons.org/licenses/by-sa/2.0/ https://www.openstreetmap.org/ Corrections: Please mail Neil at nbauers@btinternet.com or Facebook https://www.facebook.com/nbauers/

Crown Copyright http://waveneyramblers.org.uk/



Waveney Ramblers Sandlings Walks 9 **Snape North**

OS Map: X 212 Track: **TM 39351 57337 GPX for SatNav** 11 Miles Updated: 2020-10-01

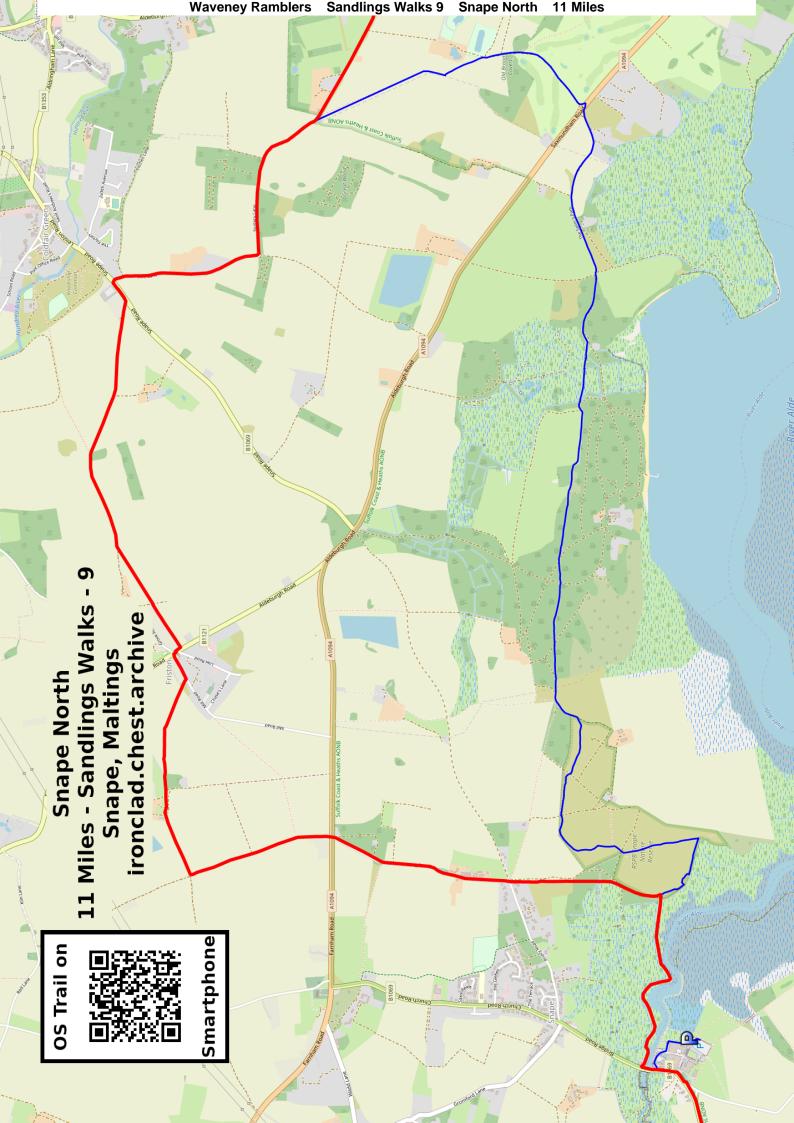
Park at Snape Maltings at the back of the site in the SE corner, ideal for setting out on walks. Head NW and then roughly west between the maltings and under the arched exit. At the main road, turn right, north, and cross the river. After the bridge, turn right immediately, east, along the flood defence wall, river right. The OS map does not match the Sandlings Walk waymarks. OS routes you through the village. Follow the winding river path until a woodland zone. Turn left, north, and ignore all side turnings. At tarmac, continue north on the tarmac lane all the way to the main road. Cross over and continue north on gravel. After the first field, the track bends left, a little west of north, trees right. At the next field corner, continue ahead, hedge right.

At the third field corner, turn right, roughly east on a wide farm track, oak trees left. At Friston Hall Farm, head east along a concrete driveway. When this driveway, now tarmac, bends left, continue right, east, off the driveway, diagonally across a field. Aim for the eastern hedge gap. Cross a second field, east, aiming for another gap. Cross the third field, bending right, south of east. Aim for the old windmill without vanes and head for the gap between two terraced blocks left of the mill. At tarmac, turn left, NE. At the Old Chequers, turn right, SE. Head past the pub and a few paces later, left, NE, uphill, along a footpath, hedge left. At the end of the hedge, cross the concrete track and head over the open field, north of east. The path converges with the hedge near the NE corner of the field. Turn right, east, along the wide farm track. Continue roughly east on this track ignoring side turnings until a tarmac road at Knodishall. Head left, NE. Turn first right, south, off the main road and head down the cul-de-sac. The tarmac ends. Continue on the sand, mud and stones. At the patch of woodland, turn left, east, on a wide track. After woodland, right, bend right, SE, and head for the tall antenna. Close to the antenna continue ahead, SE, diagonally across several open fields. Don't follow the lane past the antenna buildings. The sign may be missing and the path has rarely been reinstated in recent times. Now test your orienteering skills ... Steer 154 degrees (roughly SE) and aim for a point one third of the way along the far belt of trees from the left end of the belt. There are good views, right, of the Alde estuary.

After the field crossing, bear right, south, hedge left. At the footpath sign, turn left, SE, diagonally through woodland. Here the path is well maintained. Join a wide sandy track and head south across the golf course. This track gradually bends right, SW. Excellent views here! Near the main road, follow the left branch of the track and cross the road. It's a blind hill so be careful and quick, crossing over.

Head west along a footpath which merges with a larger track, SW, in a car park. Follow this track which dwindles to a footpath, west and soon NW, uphill. Now head roughly west most of the way back to Snape Village. Along this westerly leg, merge with a farm track. Follow the track under power lines where a side turning heads for the marshes. Landmarks include a gate, a right branch under power lines, five footbridges, some gated, board-walks, another gate, a left right kink, fence right, a left branch veering away from the fence, a tarmac drive, head west fence left, a gate fence left.

At a gate leading to some open access land, decide whether to go via Snape village and two pubs or via the heathland. This text and the map describes the open access heath route. At the gate, turn left, SW, for 150 metres. Turn right, west. The path converges with a fenced field. Cross a farm access road with gates each side. Continue west for 100 metres and then bend left, south. Turn right and follow the flood wall bank west. A short section was flooded but it was possible to follow higher ground through woodland, soon rejoining the flood bank path. Continue west back to the main road. Turn left. Cross the river. Turn left into the Maltings and head back to the car park.



Waveney Ramblers Sandlings Walks 10 Aldringham

OS Map: X 212 Track: **TM 47505 62886 GPX for SatNav** 8.4 Miles Updated: 2018

Park at Sizewell Gap (pay and display). Meet near Sizewell "T" and the toilets.

Head south on the cliff top path.

Turn right, west, through the caravan and chalet park.

Cross the tarmac lane and continue west on a narrow path soon merging with a larger track. Head SW.

When multiple paths meet, turn left off the main track and head SW along a narrow gorse lined path.

Ignore several crossing paths and continue SW. Cross three golf course fairways, still SW.

Head west on the widest track. This bends SW.

Cross the B1353 and head south through woodland. Turn right, west, and follow the woodland perimeter.

Join a tarmac lane, west, and head into the churchyard. Head west and keep right.

After the churchyard turn right, NW. This leads to Aldringham.

Head north along the B1122 then left, west, past the Parrot and Punchbowl (refreshments).

Turn left, SW, along Mill Hill. The road ends. Continue SW into the woods.

Cross a footbridge and bear right, west, then SW again, and finally west for a few paces.

Turn left, south, hedge right. Turn right, west, and after a few paces left, roughly south, hedge right.

Turn left, SE, and head towards the tall antenna.

Continue SE passing close to the antenna buildings, left. Don't cross the open field. Follow the lane.

Cross the B1122 and continue east. Ignore crossing paths. Note the pole-top insect sculpture.

Turn left, NE, and soon left, north, along the dismantled railway.

At the houses, kink right and left, turning off the main access lane. Head north.

If you miss this junction, there is another opportunity to join the smaller path a minute or two later.

Cross the B1353 and continue north. Follow the main track right, NE. Ignore several smaller paths off.

Follow the main track as it bends north.

Corrections:

At the main road to Sizewell, turn right, east and head back to the car park.

Head past the Vulcan Arms (refreshments).

Back at the car park there is Sizewell "T" (more refreshments).



Waveney Ramblers Sandlings Walks 11 Sizewell and Minsmere

OS Map: X 212 Track: **TM 45354 63867 GPX for SatNav** 9.2 Miles Updated: 2023

This is an updated route. The original is flooded deep enough to over-top low rise wellies.

This route could be split into two shorter walks. The map shows the east/west path needed for this.

Park at Kenton Hills, off Lovers Lane.

From the car park, head north on the sandy mud track. This is the original route.

Ignore all side turnings.

This track merges with the tarmac lane leading to the Eels Foot Inn.

For the short walk, turn right, east, at the start of the village.

For the long walk, continue north passing the pub. Follow the tarmac further north.

Stay on the tarmac when it bends right, NE. Enter the RSPB reserve.

Many of the trees on this stretch fell in the Michael Fish non-hurricane back in the 1980s.

The trees have regrown from the stumps.

When the tarmac bends right, east, turn off and continue NE, uphill.

Climb the hill. There are fine views to the right.

Drop down and cross another tarmac road leading to the bird reserve. Head NE into woodland.

After 380 metres, turn right, roughly east towards the National Trust Coastguard Cottages.

Continue east and later SE to the Coastguard Cottages. There is a cafe, a shop and toilets.

Head SE, through the expensive National Trust car park. This is an alternative start point for the walk.

Head SE down to the beach and then south along the shore all the way to the Sizewell Power Stations.

At low tide, there is firm wet sand and gravel. At high tide walk on the shingle and low sand dunes.

This terrain is in danger of being washed away in a north sea storm.

Half way to the power stations, head south passing Minsmere Sluice.

SHORT WALK: Leave the beach at Minsmere Sluice.

The octagonal outfall structure is a fairly obvious landmark.

Head west, ditch right, minster left.

There is an alternative footpath via the Minster remains. There is a stained glass artwork.

LONG WALK: Continue south along the beach.

After the power stations, there is a cafe (Sizewell T) and toilets.

Head south and later SW on the tarmac road. Head SW past the Vulcan Arms.

Ignore the major right turn into the power station.

Take the next much smaller right turn onto a sandy track, NW and later north.

On the left is the electricity sub-station for the offshore wind farms.

Turn left, NW, avoiding the private drive to a house.

Continue NW to the next house. Turn right and soon left, NW, house left.

After some woodland the path emerges into a grassy area.

Head a little west of north across the grassland. There were some tame horses here.

After the grassland, drop down steeply to a water meadow.

Go through the gates and across the bridge. Head north, river right.

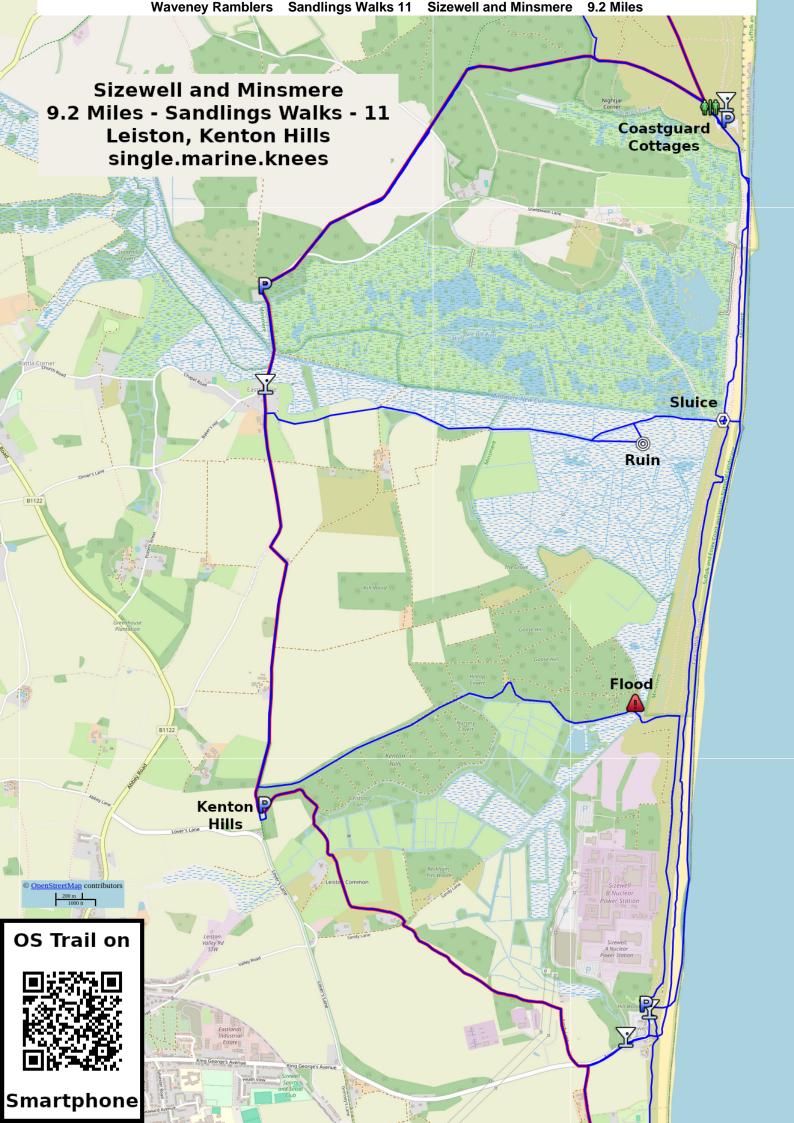
At a gate and concrete bridge, turn left and head NW across the wetland.

Expect wet feet unless your boots are in top condition.

Go through a gate into woodland crossing another bridge and a board walk.

Head north and later NW.

Turn left, west, towards the car park. The path bends left, SW.



Waveney Ramblers Sandlings Walks 12 Dunwich

OS Map: X 231 Track: **TM 45041 72623 GPX for SatNav** 11 Miles Updated: 2018

Park at the Five Ways car park. This walk can easily be split into two or three shorter walks.

Head east. After 100 metres, bear right off the main track, fence right. Take the first turning right, SE.

Go through a gate or over the little cattle grid. Head east, fence left.

At the second junction, turn right, roughly south, uphill. Ignore all side tunings.

Turn left, east, before a metal gate. Turn right, south, bypassing a triangle of fenced and gated land.

Continue south after the kissing gate. At houses, turn right, west, then left, SE, near a pole top transformer.

Go through a gate and the path bends right, roughly south.

At the second crossing path, turn left, east. Turn first right, south.

Turn right, off the main track, into woodland. Head SW. Go through the kissing gate and head south into the car park.

Turn right, west, and leave the car park through a gap. Turn 45 degrees left, SW, on a narrow path.

Head to the tarmac road and cross over. Head south on the other side. Ignore side turnings.

Cross three footbridges and a stretch or board-walk. Continue south.

The path kinks left and right to skirt a garden. At farm buildings, turn right, west, and immediately left, south.

Cross the tarmac lane and continue slightly east of south to Mount Pleasant Farm (National Trust).

Continue south after the farm buildings. Turn right, SW, onto the crossing bridleway.

Before a gate, ahead, turn left, east. Go through a gap and turn right, south, downhill.

Ignore a right turn. Join the Sandlings Path. The path bends left, east, uphill.

Ignore side turnings and continue east.

At buildings, optionally divert via the toilets and cafe.

Turn sharp left, NW, away from the coast on the waymarked Sandlings Path.

Ignore side turnings and head NW, following the waymarks. Avoid a tempting path to the left.

Turn right, NE, along the crossing bridleway.

Cross the tarmac and with a right left kink head NE, then north, through woodland.

Continue north through the gate. Follow the tarmac which bends left, NW. At the "main" road, turn right, east.

Leave the tarmac and continue east along the gated gravel "High Street".

Enter the woodland which has fine displays of snow drops and daffodils in spring.

Bear left, NE, diagonally through the woods. Turn right, east, wall right, Franciscan Friary ruins left.

Turn left, north, and follow the unstable cliff top path. Pass the last gravestone. Soon it too will fall into the sea.

Drop down to the road. Head west past the Ship.

Optionally turn right into Dunwich beach car park for the toilets and cafe.

At the church and war memorial, turn off the tarmac and head west, cemetary left, woodland track.

The path bends left, SW, then right, west again. At the farm buildings, continue west.

Turn right, NW, at the waymarked junction. Ignore the crossing path.

Continue west into Westleton Heath Nature Reserve.

The path divides into three. Take the rightmost track, NW. At a crossing path, turn right, NE.

At a gate, don't go through. Bear left, north, then NE, and cross a footbridge.

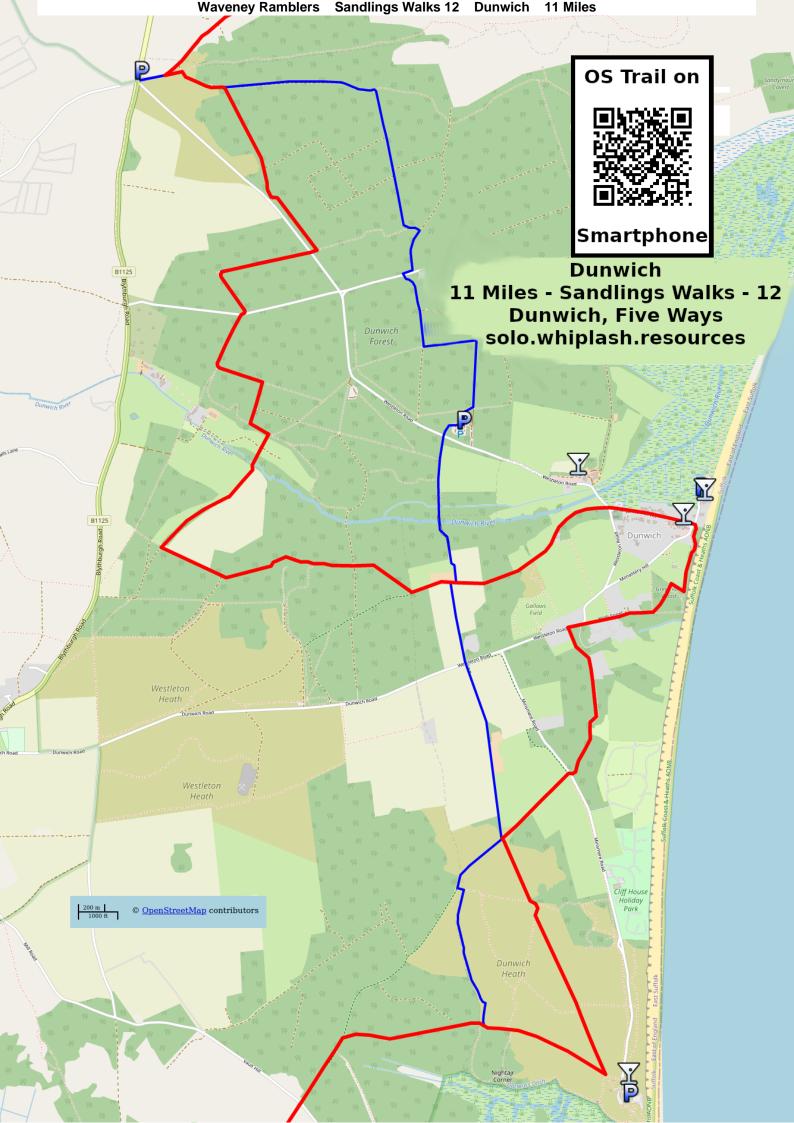
At the top of a rise, turn left, NW. Turn first right, roughly north. Turn first left, NW.

Turn right, NE. With a right left kink, cross the tarmac. Head NW, pit left.

Turn right, roughly east. Cross the tarmac, go through a gate, then left, NW. Ignore side turnings.

Kink left and right and continue NW. Turn left, west, through the gate or over the little cattle grid.

Turn left, west, and head back to the car park.



Waveney Ramblers Sandlings Walks 13 Walberswick

OS Map: X 231 Track: **TM 45041 72623 GPX for SatNav** 8.5 Miles Updated: 2018

Park at the Fiveways junction car park. Head roughly east from the car park.

After 100 metres, the track forks. Stay on the main track (Lodge Road), NE and later east, for 2.22 miles.

The track heads uphill and changes from sand, gravel and mud to tarmac.

Pass a tower (Rapunzel let down your knixxxhair). Pass a large car parking area on the right.

Eventually the uphill and level route dips downhill.

At the 2.22 mile mark, near the bottom of the dip, head left through a gate.

Almost double back and head west towards a woodland belt. The path gradually veers away from the road.

At the trees, turn right, north, trees left. Head through a gap. Continue north, trees left.

At the end of the north path, turn right, NE. Head under power lines and through a gate.

Head NE across the field, no hedges.

At the road, turn right, east, along the tarmac for under 100 metres.

Turn left, NE, through a gate and head across the common land.

At a gate, on the left, note the concrete remains of a dismantled railway bridge.

Go through the gate and continue NE on the middle of three paths following the Sandlings waymark.

The path emerges onto tarmac. Turn left and follow the lane which bends right, NE.

Head to the river. The Sandlings path crosses using the footbridge.

November 2018: The bridge across the river Blyth was closed for repairs but has now re-opened.

This circular walk does not cross the river. Turn right, south, and follow the river path, river left.

The path bends left, SE. Follow the path to the ferry.

The ferry runs 10 till 5 at weekends in the winter and every day in the summer. In bad weather it might not run.

Head south, then SW into Walberswick. Pass the Bell Inn, left. Pass the Parish Lantern and cafe, right.

There are toilets near the thatched shelter and seats where the road bends right, west.

Follow the road west and just before the Anchor, turn left, south, on the footpath passing allotments left.

Head up and down steps crossing the flood wall. Follow the path, right, SW, paddock left.

The path kinks right and left to a t-junction. Turn left, south, downhill.

There are excellent views over the marshes and towards Sizewell.

At the botton of the slope, turn right, west, for a few paces then left, roughly south, soon joining a board-walk.

Turn right, roughly west, waterway left. Cross a small footbridge and continue west. Don't cross the larger bridge.

Ignore a board-walk, right, and continue, SW. Head towards the disused wind pump, waterway left.

Near the wind pump, head up onto the flood wall and turn left, south and soon SW, on gravel.

Turn first right, SW, leaving the good gravel path. Continue on a grassy and sometimes muddy path.

Head up onto a flood wall, left, then right, down the other side. Ignore the large gates. Head SW through bushes.

The path meanders through the reed beds, bending left and right but always returns roughly west.

There are some wet and muddy patches.

Later the path enters unusual wet woodland and there are boardwalks. This stretch is less muddy.

At the end of the woodland, the path emerges to re-join Lodge Road.

Head west back to the car park.



Waveney Ramblers Sandlings Walks 14 Southwold

OS Map: X 231 Track: **TM 50305 76280 GPX for SatNav** 4.6 Miles Updated: 2018

Park near the water towers in York Road, Southwold.

November 2018: The bridge across the river Blyth was closed for repairs but has now re-opened.

Starting from the footpath sign east of the towers, head west and pass to the right of the towers.

Head west across the golf course and continue, fence left.

Continue west, gorse both sides. Cross another fairway and continue west, burned gorse both sides.

Cross Palmers Lane and head west, reeds left and burned gorse right, signposted to St Felix.

For a shorter walk, turn left, SW, along Palmers Lane and head to the river crossing.

The path bends right, NW, and later a little east of north, uphill.

At a bench seat, keep left and go through the kissing gate. Bear left, NW, and head across a raised causeway.

Before the end of the causeway, turn left, SW, through a gate and follow the path on the raised flood wall.

After a second gate, the Walberswick church tower is visible ahead.

The flood wall bends left, SE, and right, SW, again. Cross the dip eroded by crossing cattle.

Head past an inlet, right, to the main river. Bear left, south, to the footbridge.

The bridge was closed for repairs (November 2018). The ferry, nearer the coast runs 10 till 5pm on weekends (winter).

Head roughly south along the path, river right. The path bends left, SE.#

Head through Southwold Harbour passing: Harbour Inn, Southwold Sailing Club, Samantha K's wet fish,

Harbourmaster's Office, Novoboats furniture from washed-up timber, Harbour Cafe, Harbour Marine Chandlery, Mr T's fish and chips, Southwold Smoke House, Sole Bay Fish Company, Voyager river and sea trips and finally the ferry to Walberswick.

Opposite the ferry landing stage, head left, up onto the concrete flood defence wall and head SE.

At the dog-poo bin, head left, NE, down a ramp and along the footpath, flood meadows left, raised flood wall right.

The Sandlings Walk ends at the Southwold end of this footpath. Ignore the misleading final waymark pointing right.

Head to the pier along the sea front or via the interesting streets in the centre of the town.

For the full experience, visit the end of the pier. There are toilets and a cafe.

If you time it right, you might see Tim Hunkin and Will Jackson's clock "perform".

After the pier, continue north.

After the model yacht pond, turn left, west, and head away from the sea.

At Mights Road to Southwold, turn left, south and cross over.

Turn right, west, along Blyth Road and head towards the common.

Take the first footpath left. This leads through allotments and gardens behind the houses.

In summer this is a delight.

Bear right and head through an unexpected turnstile.

Head towards the water towers and car parking.

